

THE RELATION OF IGNORANCE AND CONTAGION

The power of fear in epidemics has been noted wherever there has been an observing mind. A very ancient saying is, "Disease has slain her thousands and fear her tens of thousands." David, possessed of Divine Wisdom, said that those who abided in the Secret Place of the Most High should be protected from the pestilence and the fear of evil.

Instances without number are found of the power of intense mental activity to throw off disease. Where physicians and nurses are busily engaged with their work they seldom have the diseases they so intimately come in touch with.

But in spite of these evidences of a psychological law, our health boards ignore them. The reason is that they are under the control of old line doctors, who never go outside material remedies. At present they are making the body immune by injecting into it a different kind of serum for each complaint. One soldier writes that he had five different kinds of serum in his system at one time. He said he was alive, but mighty shaky.

What our doctors and ministers need above all things is an understanding of the power of the mind. They have right at hand in the action of the mind in the simplest movement of the body the evidence of its power, yet they totally ignore it when they come to the consideration of disease. If a telegram containing bad news will stop digestion and take away appetite, why may not this power of the mind be responsible for most of the torpidities of functions where sickness is apparent?

Metaphysicians have discovered, and are demonstrating on every hand, that an active confidence in an overruling power of goodness will stimulate one's circulation.

Then we should in all ways seek to increase this trust in the Infinite Goodness, and it is to this end that we have our meetings. A ban upon these meetings is a stab at the greatest friend our health boards have.

Followers of Jesus should be especially active in teaching his presence and power in this time of need. The promise, "Lo, I am with you always," should be so impressed upon the people that they would feel the Christ Spirit, and have a confidence and assurance of Divine protection. What the people need are many more meetings where they can bring to consciousness the presence of the Great Creative Mind. Jesus was our guide and example in this respect and his promise in Matt. 18:20, should be put to the test in this time of need as never before. This whole eighteenth chapter may be read with profit—the verse that covers the importance of Christian gatherings is the nineteenth, where it is written, "Again I say unto you, that if two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father which is in heaven. For where two or three are gathered together in my name, there am I in the midst of them."

NO CHANGE IN PRICE

The question of advancing the price of Unity publications has been under consideration by the management for some time and it reached a climax when a loss

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Away With Epidemics!

By CLARA PALMER

GOOD HEALTH is not subject to
variation. It is not here one min-
ute and gone the next. Good health
is the orderly and constant expression
of God life. God Himself has estab-
lished it in you.

God is your health. Are you willing
to accept this Truth, to rely upon it, to
prove it? You are then immune from
disease, secure from any form of epi-
demic, a torchbearer of the Jesus Christ
gospel of life and wholeness.

"Thou shalt not be afraid . . .

Thou hast made the Most High thy
habitation;

There shall no evil befall thee."

"God is my health." You can begin
this very moment to prove this Truth,
to enjoy the assurance of abiding
health. It will free your mind from
every thought of fear concerning dis-
ease and protect you from it.

Disease loses its hold as man looks
to God as the Spirit of wholeness and
knows Him as health. Again and again
in times of epidemic we hear or read
of those who work in the midst of con-
tagion unafraid, restoring order, har-
mony, and wholeness where chaos, fear,
and disease reigned. They remain un-
harmed because their faith and thought
is centered in life and wholeness.

Just as strikes are frequently the re-
sult of the mass thought of injustice
and insufficiency, so epidemics are the
result of the mass thought of disease.
Fear thoughts working in the minds of
the people who have been educated
from earliest childhood to believe in
disease stir up and create fearsome con-
ditions.

Charles Fillmore says, "Disease
germs created and named by the in-
tellect of man bear within themselves
sufficient intelligence to answer to the
name given to them, and to come when
they are called."

When a community, a household, or
an individual learns to know God as
health and wholeness, health and
wholeness are called forth and made
manifest to others. Health is stronger
than disease and even more readily com-
municated. In the days of the Disciples
sick folk were carried and placed where
the shadow of Peter might fall over
them. What a consciousness of health
and wholeness Peter must have gained
from the Master!

"God is my health." Be sure of this
within your own mind and heart. Then
make a daily practice of blessing all
who come into your environment in
thought or in person with the word
God is your health. Quietly, confidently,
peacefully know for yourself and
others, and especially for little children,
that *God is your health.*

You can truly prove God as your
health. Many others have done it. You
can do it. Truth makes you strong,
fearless, and healthy. It makes your
mind, heart, service, and environment
wholesome and orderly.

Let us work together to free the race
from epidemics, to lift from babies and
children the ban of diseases commonly
associated with childhood. Let us turn
thumbs down on mumps, measles,
whooping cough and the like, and know
for our little ones and teach them to
know God as health. Let us call forth,
in the name of the Son, the perfect life
and wholeness of our Father-God.

Away with contagion and its de-
mands. Away with ignorance, bondage,
and fear! Let the kingdom of Jesus
Christ be ushered in and the reign of
wholeness be established. Let Truth be
made known to all mankind.

God is our health.

[EDITOR'S NOTE: The next article in this
series, "Spiritual Dentistry," will appear
next week. As Miss Palmer does not do
individual healing work, she asks that all
requests for spiritual help be sent direct to
the Society of Silent Unity, 917 Tracy
Avenue, Kansas City, Missouri.]

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A Holy Heart

Bodily health is beautiful, mental
vigor is beautiful, but heart purity is
the charm of all. All spiritual loveli-
ness begins within. That the beauty of
the Lord our God may be on us, that
the winning charm of God's loveliness
may shine in the features of our life
which men can see, we must first have
the divine beauty in us. A holy heart
will in time transfigure all the life. And
the only way to have a holy heart is to
have Christ within.—*Selected.*

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